

#### 1910 General Industry Personal Protective Equipment

#### Introduction







Source of photos: OSHA

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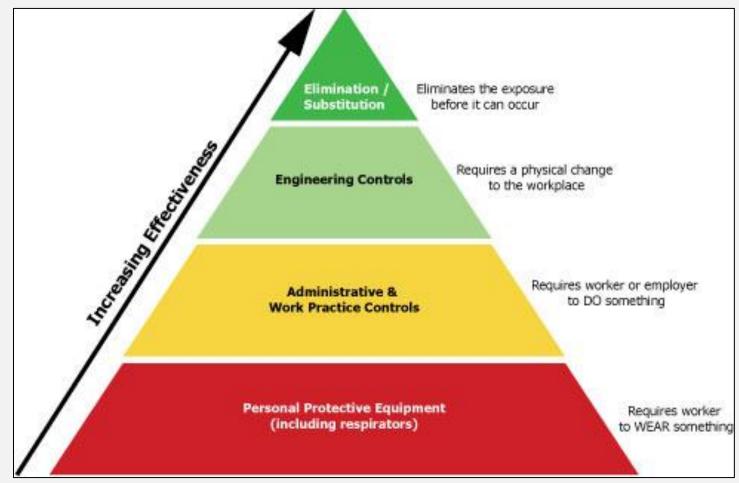
#### Lesson objectives:

- 1. Describe the hierarchy of controls as it relates to personal protective equipment
- 2. Identify types of personal protective equipment used in general industry work
- 3. Explain personal protective equipment training requirements
- 4. Explain the employer's responsibilities regarding personal protective equipment
- 5. Explain the employee's responsibilities regarding personal protective equipment

#### Introduction

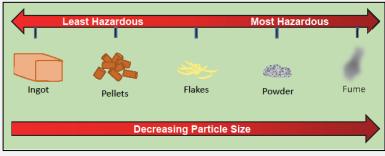
Employers must protect employees:

- **Assess** the workplace
- Eliminate and reduce the hazards found using engineering and administrative controls
- Then **use** appropriate personal protective equipment
- Remember, Personal Protective Equipment is the last level of control.



#### Elimination/substitution:

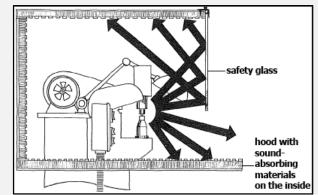
- Highest level of protection
- Eliminate hazards from the workplace
- Substitute
  - Use safer item/substance
  - Use same chemical but in a different form; as particle size of a substance decreases, hazard level increases

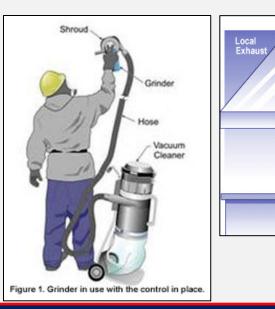


Source: OTIEC Workgroup

#### Engineering controls:

- Physical changes to workplace
- Examples
  - o Isolation
  - Ventilation
  - Equipment modification
  - o Others







Administrative controls/work practice control:

- Requires worker or employer to do something
- Examples
  - Written proper operating procedures, work permits, and safe work practices
  - Inspection and maintenance
  - Housekeeping
  - $_{\odot}$  Monitoring the use of highly hazardous materials
  - $\circ$  Supervision
  - o Training
  - $\,\circ\,$  Alarms, signs, and warnings
  - Regulated areas
  - $_{\odot}\,$  Limited exposure by time or distance

#### PPE controls:

- Requires worker to wear something
- Examples

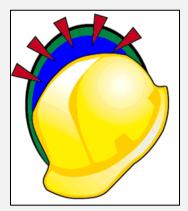


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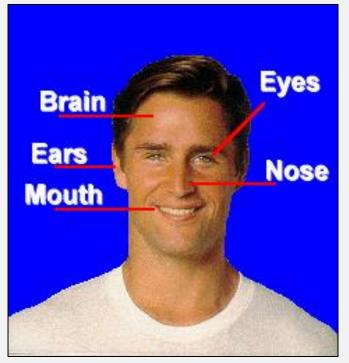
#### **Head protection:**

- Frequent causes of head injuries include:
  - Falling objects from above striking on the head
  - Bump head against fixed objects, such as exposed pipes or beams
  - Accidental head contact with electrical hazards



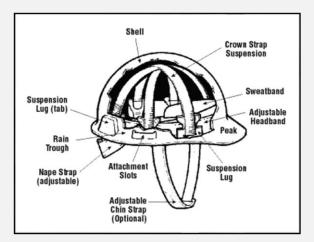


#### Why head protection is important...



- Classes of hard hats:
  - CLASS G (General)
    - Protects against impact and penetration
    - Low-voltage electrical protection (proof-tested to 2,200 volts)





Source of graphics: OSHA

- CLASS E (Electrical)
  - Designed for electrical/utility work
  - Protects against falling objects & impact
  - Electrical protection against high-voltage (proof-tested to 20,000 volts)



- CLASS C (Conductive)
  - Designed for comfort; offers limited protection
  - Protects heads that may bump against fixed objects
  - Does not protect against falling objects or electrical hazards



#### • ANSI Z89.1, 1997

 Type I: provides protection from objects that fall directly on top of the helmet, but not from objects that strike the side, front, or back of the head.



 Type II: provides protection from strikes to the top of the head, and also provides protection from blows to the sides, front, and back of the head.
More suitable for workers who are not always in a standing position.



Source of photos: OSHA

#### Eye and face protection:



Source of images: OSHA

- Common causes of eye injuries
  - Chemical splashes
  - Blood or OPIM splashes or sprays
  - Intense light
  - Dust and other flying particles
  - Molten metal splashes



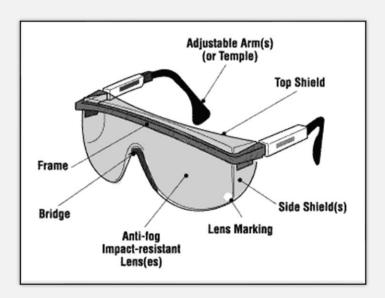


- Eye and face protection must comply with
  - ANSI Z87.1-2003, or
  - ANSI Z87.1-1989 (R-1998)



- Selecting eye and face protection elements to consider:
  - Ability to protect against workplace hazards
  - Should fit properly
  - Should provide unrestricted vision and movement
  - Durable and cleanable
  - Allows unrestricted functioning of other PPE

- Safety glasses
  - Used to protect against moderate impacts from particles







Source of graphics: OSHA

- Prescription glasses
  - Employees who use prescription glasses while performing operations with potential eye hazards must use eye protection that:



Source: OSHA

- Incorporates the prescription in its design, or
- Can be used over your prescription glasses without interfering with the proper positioning of the prescription glasses or goggles

- Goggles
  - Protect eyes, and the facial area immediately surrounding the eyes from impact, dust, splashes.



Source: OSHA

 Some can be used over corrective lenses, if they fit them.

Goggle types



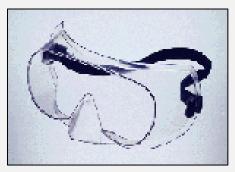
Direct-ventilated

- Resist direct passage of large particles into the goggle
- Prevents fogging by allowing air circulation



Indirect-ventilated

- Prevents fogging by allowing air circulation
- Protects against liquid or chemical splash entry



Non-ventilated

- Does not allow the passage of air into the goggle
- Prevents splash entry
- May fog and require frequent lens cleaning

Source: OSHA.gov

- Face shields
  - Protect face from nuisance dusts and potential splashes or sprays of hazardous liquids
  - Shields do <u>not</u> protect from impact hazards <u>unless so rated</u>



Source: OSHA

 Shields are for face protection, not eye protection. To protect the eyes, wear safety glasses with side shields, or goggles under the face shield.

- Welding shields
  - Protect eyes from burns caused by:
    - Infrared light
    - Intense radiant light
  - Protect eyes and face from flying sparks, metal spatter, and slag chips





Source of photos: OSHA

- Laser safety goggles
  - Provide protection from hazards:
    - Physical contact such as flying particles
    - Ultraviolet light, laser, and welding



#### Respiratory protection:





Source of photos: OSHA



- Elimination/substitution or engineering controls
  - Eliminate toxic material or substitute a less toxic material
  - Enclose or confine operation
  - General or local exhaust ventilation
- Only when engineering controls are not feasible will respirators be used



- Types of respirators
  - Air-purifying (APR) remove contaminants from air
    - Particulate respirators
    - Chemical cartridge/ gas mask respirator
    - Powered air-purifying respirator (PAPR)



Source of photos: OSHA

- Atmosphere-supplying provide clean, breathable air
  - Self-contained breathing apparatus (SCBA)
  - Supplied-air respirator (SAR)





Source of photos: OSHA

- Medical evaluation
  - Before fit tests are conducted and employee is authorized the use of a respirator, a medical evaluation must be provided to determine the ability of the employee to use a respirator.
  - Identify a physician or other license health care professional (PLHCP) to perform medical evaluations using a medical questionnaire or an initial medical evaluation with which the same information is obtained.

- Inspecting and cleaning respirators
  - Inspect all respirators for wear and tear before and after each use
  - Wash in a detergent solution, then disinfect by immersing in a sanitizing solution





Source of photos: Carmen Vazquez

- Storing respirators
  - Protect against dust, sunlight, heat, extreme cold, excessive moisture, and damaging chemicals
  - Store in position to retain natural configuration



Source of photos: Carmen Vazquez

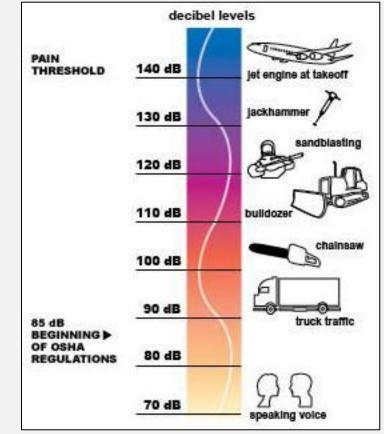
#### **Hearing protection:**





Source of photos: OSHA

- Exposure to noise levels over 85 dB can cause hearing loss
- Hearing protection required at 90 dB
- Implement effective hearing conservation program



 The employer must provide ear protection when the noise level in the work area is greater than indicated in this table.



Source: NIOSH

Permissible Noise Exposure 29 CFR 1910.95(b)(1)	
Duration per Day (hours)	Sound Level (dBA)
8	90
6	92
4	95
3	97
2	100
1	105
1/2	110
1/4	115

Impact noise should not exceed 140 dB

- Examples of hearing protection:
  - Disposable foam plugs
  - Molded ear plugs
  - Noise-cancelling ear plugs
  - Earmuffs
- Consider the noise reduction rating (NRR) of devices



NIOSH/John Rekus/elcosh.org

Source of photos: OSHA

 How to insert ear plugs properly

#### How To Wear Soft Foam Earplugs

To get the best protection from your soft foam earplugs, remember to **roll**, **pull**, and **hold** when putting them in. Use clean hands to keep from getting dirt and germs into your ears!

**1. Roll** the earplug up into a small, thin "snake" with your fingers. You can use one or both hands.
**2. Pull** the top of your ear up and back with your opposite hand to straighten out your ear canal. The rolled-up earplug should slide right in.
**3. Hold** the earplug in with your finger. Count to 20 or 30 out loud while waiting for the plug to expand and fill the ear canal. Your voice will sound muffled when the plug has made a

**Check the fit** when you're all done. Most of the foam body of the earplug should be within the ear canal. Try cupping your hands tightly over your ears. If sounds are much more muffled with your hands in place, the earplug may not be sealing properly. Take the earplug out and try again.

good seal.

Source: NIOSH

### Hand protection:

- Potential hazards for hands
  - Skin absorption of hazardous substances
  - Lacerations or severe cuts
  - Punctures
  - Chemical burns
  - Thermal burns
  - Extreme temperatures







Source of photos: OSHA

• Types of gloves



Anti-vibration



Chemical-resistant



Leather Palm



Permeation-resistant



Heat-resistant

Source of photos: OSHA



Cut-resistant

### Foot and leg protection:

- Causes of foot injuries:
  - Falling or rolling of heavy objects
  - Crushing or penetrating materials
  - Sharp objects that can penetrate the sole
  - Exposure to molten metal
  - Working on or around hot, wet, or slippery surfaces
  - Working when electrical hazards are present



Source: OSHA

- Conditions requiring foot protection
  - Impacts
  - Compressions
  - Cuts/punctures
  - Chemicals
  - Temperatures



Source: OSHA

- Examples of foot and leg protection
  - Impact-resistant toe and/or instep
    - Steel
    - Composite
  - Heat-resistant soles
  - Metal shanks
  - Specialty footwear may be needed
    - Metatarsal guards
    - Liquid- or chemical-resistant
    - Conductive or nonconductive





Source of photos: OSHA

- Protective footwear must comply with any of the following consensus standards:
  - ANSI Z41.1 1991 "American National Standard for Personal Protection -- Protective Footwear,"
  - ASTM F-2412 2005 "Standard Test Methods for Foot Protection"
  - ASTM F-2413 2005 –



Source: OSHA

"Standard Specification for Performance Requirements for Protective Footwear"

- Protection from hazards
  - Shoes with metal toe-cap protects against knocks, falling objects
  - Rubber shoes protect against chemical materials, as directed by the SDS







Source of photos: OSHA

# Body protection – protective clothing:







Source of photos: OSHA

- Provide protective clothing for those parts of the body exposed to possible injuries
- Types of body protection
  - Laboratory coats
  - Coveralls
  - Vests
  - Jackets
  - Aprons
  - Surgical gowns
  - Full-body suits





Source of photos: OSHA

- Selection of body protection variety of materials effective against particular hazards
  - Paper-like fiber: dust and splashes
  - Treated wool and cotton: fireresistant, also dust, abrasions, rough/irritating surfaces
  - Duck: cuts, bruises
  - Leather: dry heat, flames
  - Rubber, rubberized fabrics, neoprene, and plastics: certain chemicals and physical hazards



Source of photos: OSHA

- Protective clothing is required for HAZWOPER activities
- EPA's levels of PPE

#### – Level A

- Provides highest level of protection
- Required when greatest potential for exposure exists and greatest level of skin, respiratory, and eye protection is required
- Examples
  - Positive pressure, full facepiece SCBA, or positive-pressure supplied air respirator with escape SCBA
  - Totally encapsulated chemical- and vapor-protective suit
  - Inner and outer chemical-resistant gloves
  - Disposable protective suit, gloves, and boots

#### – Level B

- Required for highest level of respiratory protection and lesser level of skin protection
- Examples
  - Positive pressure, full facepiece SCBA, or positive pressure supplied air respirator with escape SCBA
  - Inner and outer chemical-resistant gloves
  - Face shield
  - Hooded chemical-resistant clothing
  - Coveralls
  - Outer chemical-resistant boots

#### – Level C

- Required when concentration and type of airborne substances are known and criteria for using APR is met
- Examples
  - Full-face air-purifying respirators
  - Inner and outer chemical-resistant gloves
  - Hard hat
  - Escape mask
  - Disposable chemical-resistant outer boots

#### – Level D

- Required when minimum protection is needed
- Sufficient when no contaminants are present or work operations preclude splashes, immersion, or potential for unexpected inhalation or contact
- Examples
  - Gloves
  - Coveralls
  - Safety glasses
  - Face shield
  - Chemical-resistant steel-toe boots or shoes

# Training

#### Training requirements:

- Each employee who is required to use PPE must be trained to know:
  - When PPE is necessary
  - What PPE is necessary
  - How to properly put on, take off, adjust, and wear the PPE
  - The limitations of the PPE
  - Proper care, maintenance, useful life, and disposal of PPE

- The **employer** is required to:
  - Perform hazard assessment
  - Provide appropriate PPE
  - Train employees
  - Maintain/replace PPE
  - Review/update/evaluate PPE Program



- The **employer** is required to **pay for PPE** used to comply with OSHA standards
  - Examples
    - Metatarsal foot protection
    - Rubber boots with steel toes
    - Non-prescription eye protection
    - Prescription eyewear inserts/lenses for full face respirators
    - Goggles and face shields
    - Fire fighting PPE
    - Hard hats
    - Hearing protection
    - Welding PPE



#### Employer payment exemptions

- Non-specialty safety-toe protective footwear and non-specialty prescription safety eyewear
- Everyday clothing
- Ordinary clothing, skin creams, or other items used solely for protection from weather
- Consumer safety items worn by food workers
- Lifting belts
- When employee lost or intentionally damaged PPE

- The **employee** is required to:
  - Properly wear PPE
  - Attend PPE training
  - Care for, clean, and maintain PPE
  - Inform supervisor of needs for repair/replacement



Source: OSHA

- Common causes of foot injuries include: crushing, penetration, molten metal, chemicals, slippery surfaces, and sharp objects.
  True
  - b. False

#### **Answer: a. True**

- 2. Who is responsible for providing PPE needed to comply with OSHA standards?
  - a. The employee
  - b. OSHA
  - c. The employer
  - d. Workers' compensation

### **Answer: c. The employer**

- 3. Hazard controls must be addressed in which order of priority?
  - a. Substitution, PPE, workaround, and administrative
  - b. Workaround, stop work, PPE, and engineering
  - c. Stop work, PPE, engineering, and substitution
  - d. Substitution, engineering, administrative, and PPE

### Answer: d. Substitution, engineering, administrative, and PPE

- 4. Which type of hard hat would provide the most protection from electrical hazards?
  - a. Class A
  - b. Class C
  - c. Class E
  - d. Class G

#### Answer: c. Class E

- - a. 80
  - b. 90
  - c. 100
  - d. 110

#### Answer: b. 90 dBAs

- 6. Who is responsible for providing specialized work footwear?
  - a. Insurance companies
  - b. The employee
  - c. OSHA
  - d. The employer

### **Answer: d. The employer**

- 7. Which of the following is considered approved eye protection?
  - a. Sunglasses
  - b. Prescription glasses
  - c. Reading glasses
  - d. Glasses meeting ANSI standard Z87

### Answer: d. Glasses meeting ANSI standard Z87

- 8. Which of the following is **NOT** considered PPE?
  - a. Rubber gloves
  - b. Glasses meeting ANSI standard Z87
  - c. Sports shoes
  - d. Hearing muffs

### **Answer: c. Sports shoes**

Through the Alliance between OSHA's 10 Regional Offices and the Elevator Contractors of America (ECA), Elevator Industry Work Preservation Fund (EIWPF), International Union of Elevator Constructors (IUEC), National Association of Elevator Contractors (NAEC), National Elevator Industry Educational Program (NEIEP), and National Elevator Industry Inc. (NEII), collectively known as The Elevator Industry Safety Partners, developed this Personal Protective Equipment Industry Specific Training for informational purposes only. It does not necessarily reflect the official views of OSHA or the U.S. Department of Labor. May 2021

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